AAC MYTHS & TRUTHS

Help to dispel common misconceptions about Augmentative & Alternative Communication (AAC) for **ALS**.

MYTH:

"You should only use AAC when speech becomes too hard to understand."

TRUTH:

Introducing AAC devices is beneficial even at early stages of ALS. It gives the pALS time to practice and fine tune the system before full-time use becomes necessary.

MYTH:

"AAC hinders personal connection."

TRUTH:

AAC devices can enhance communication and help maintain social connections. Recent research shows that AAC improves quality of life in many areas, both for the pALS and caregivers.

MYTH:

"AAC is complicated and difficult to use."

TRUTH:

Tobii Dynavox AAC devices are created with user-friendly interfaces that can be customized based on each person's comfort level with technology.

MYTH:

"It's too late to try AAC."

TRUTH:

It's never too late to explore AAC options. Access methods such as eye tracking can help pALS use the computer and AAC software without having to move their body.

