

# AAC MYTHS & TRUTHS

Help to dispel common misconceptions about Augmentative & Alternative Communication (AAC) for **MND**.

## **MYTH:**

“You should only use AAC when speech becomes too hard to understand.”

## **TRUTH:**

Introducing AAC devices is beneficial even at early stages of MND. It gives the pMND time to practice and fine tune the system before full-time use becomes necessary.

## **MYTH:**

“AAC is complicated and difficult to use.”

## **TRUTH:**

Tobii Dynavox AAC devices are created with user-friendly interfaces that can be customised based on each person’s comfort level with technology.

## **MYTH:**

“AAC hinders personal connection.”

## **TRUTH:**

AAC devices can enhance communication and help maintain social connections. Recent research shows that AAC improves quality of life in many areas, both for the pMND and caregivers.

## **MYTH:**

“It’s too late to try AAC.”

## **TRUTH:**

It’s never too late to explore AAC options. Access methods such as eye tracking can help pMND use the computer and AAC software without having to move their body.



Read more at [tobiidynavox.com](http://tobiidynavox.com)

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